

# VALUES CLARIFICATION EXERCISE

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There are no right or wrong answers. The important thing is to think about your own values and beliefs regarding sex, sexuality and sexual health and determine the type of messages you want to give your children. If you are sharing parenting responsibilities everyone can participate to see if you have similarities or differences in your attitudes and opinions.

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Sex is best between two people who love each other.					
People of any age should be allowed to touch and enjoy their genitals.					
All parents have a responsibility to teach about sex and sexuality.					
Children should be taught it is ok to say No to an adult.					
All adults should have the freedom to visit an adult sex store and buy merchandise.					
People with developmental disabilities cannot give consent to sexual activities.					
Same sex relationships should be valued the same as different sex relationships.					
I would be ok if my child identified as gay.					
People should wait until marriage to have sexual intercourse.					

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Once a person starts to menstruate and is able to get pregnant they should start using birth control to ensure no pregnancies.					
Parents should closely monitor their child's television/Internet/screen use.					
It is ok to share personal values with children who are not your own.					
Watching pornography is not healthy sexual behaviour.					
Watching pornography is one way to learn about sex.					
Children should be taught that masturbation is ok in private.					
Comprehensive sexual health education should be taught in all schools.					
Nudity can harm a child.					
Doctors should not surgically determine the biological sex of intersex infants at birth.					
Siblings of different genders can bathe together.					
Everyone is a sexual being from birth to death.					
Everyone deserves privacy in the bathroom.					
Children should be taught how to give and get consent.					

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Individuals who identify as trans should have to use the washroom that corresponds to their biological sex.					
Children should not touch their genitals in public.					
Menstruation is an important bodily function and should be discussed openly.					
People who say they are bisexual are confused.					
Sexting can be a healthy part of a relationship.					
Everyone has the right to decide what happens to their own body, including the right to have an abortion, place for adoption or parent.					
If a person sends a naked picture of themselves, they are accepting the risk that it might get shared or posted on the internet.					
Children should be taught the proper terms for their genitals.					
Breast feeding is ok anytime, anyplace.					
If someone says they are in love it should be taken seriously.					
Children should be able to play with any toys they choose, regardless of gender.					
People with a uterus should be responsible for birth control since they can get pregnant.					
By not teaching children about sex you are protecting them.					

