

# VALUES CLARIFICATION EXERCISE

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There are no right or wrong answers. The important thing is to think about your own values and beliefs regarding sex, sexuality, sexual health and relationships and determine the type of messages you want to give your children. If you are sharing parenting responsibilities everyone can participate to see if you have similarities or differences in your attitudes and beliefs.

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Sex is best between two people who love each other.					
People of any age should be allowed to touch and enjoy their bodies.					
All parents have a responsibility to teach about sex, sexuality, sexual health and relationships.					
Children should be taught it is ok to say No to an adult who wants to touch them in any way.					
People should have the freedom to visit an adult sex store and buy merchandise.					
People with developmental disabilities cannot give consent to sexual activities.					
Same sex relationships should be valued the same as different sex relationships.					
I would be ok if my child identified as gay.					
People should wait until marriage to have sexual intercourse.					

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Teenagers should have access to birth control without parental consent.					
Parents should closely monitor their child's television/Internet/screen use.					
It is ok for teenagers to go on dates and be in relationships.					
Young people often watch porn because they are curious about sex and relationships.					
Pornography does not portray healthy sexual relationships and may lead to sexual violence.					
Children should be taught that masturbation is ok in private.					
Comprehensive sexual health education should be taught in all schools beginning in grade one.					
It is ok for children to see family members naked and be naked themselves.					
Doctors should not surgically determine the biological sex of intersex infants at birth.					
It is ok if siblings of different genders bathe together.					
People who are having sex should regularly get tested for STIs and HIV.					
Everyone deserves privacy in the bathroom and bathroom doors should be closed and locked.					
People are sexual beings from birth to death.					

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
Individuals who identify as trans should have to use the washroom that corresponds to their biological sex.					
Children should not touch their genitals in public, and if they do, should be punished.					
Menstruation is an important bodily function and should be discussed openly.					
People who say they are bisexual are confused.					
Sexting can be a healthy part of a relationship.					
Everyone has the right to decide what happens to their own body, including the right to have an abortion, place for adoption or parent.					
If a person sends a naked picture of themselves, they are accepting the risk that it might get shared or posted on the internet.					
Children should be taught the proper terms for all body parts including genitals.					
Breast feeding is ok anytime, anyplace.					
If someone, including children and teenagers, says they are in love it should be taken seriously.					
Children should be able to play with any toys they choose, regardless of gender.					
People with a uterus should be responsible for birth control since they can get pregnant.					

	Strongly Disagree	Disagree	Unsure	Agree	Strongly Agree
People with disabilities are asexual.					
Children should be taught how to give and get consent from a young age.					
Children should not have cell phones until high school.					
All children's social media use should be monitored closely, no matter their age.					
Condoms should be available to all students in high school.					
Teenagers can make responsible parents.					
There should not be dress codes in schools.					
By not teaching children about sex you are protecting them.					
It is important to use the pronouns that a person asks you to use.					
The same rules should apply to all children regardless of their gender.					
Texting is a good way to communicate with children.					
Books are a helpful way to teach children about their bodies, relationships and sexual health.					
Parents should be able to decide who their children are friends with.					
It is ok for children to have friends of other genders.					
It is common and ok for children to be curious about each other's bodies and want to see and touch.					