

Values Clarification Game Instructions

The cards for this game are 2 sided. One side has an "agree or disagree" statement. The other side has a scenario on it that is meant to:

- 1) spark discussion
- 2) get people questioning their values and beliefs
- 3) force people to think outside of the box
- 4) think about the hard choices and decisions people have to make in life

Break the participants into groups of 2 or 3 and split up the cards amongst them. Spread the groups out if space is available to prevent groups overhearing other groups. Ask them to read the Agree/Disagree side first, answer the question, and then flip the card over. They are to discuss the scenario for 2 - 7 minutes, depending on the time allotted for the game and then move onto another card. If time permits allow each group to discuss each card.

Come back to the large group and ask if anyone has a card they would like to discuss with the larger group or anything that they found surprising, upsetting or confusing.

Before beginning the activity be sure to address the importance of self-care as people may be triggered by some of the topics discussed.

<p>People who need to look at porn are missing something in their relationship.</p> <p>Agree or Disagree</p>	<p>You find your partner looking at porn on the internet.</p> <p>How do you feel about this?</p>
<p>Sex toys can be great for masturbation.</p> <p>Agree or Disagree</p>	<p>You are having sex with your partner and they pull out a sex toy and ask to use it with you.</p> <p>How do you feel?</p>
<p>Sex on a regular basis is an important part of a healthy relationship.</p> <p>Agree or Disagree</p>	<p>You are dating someone who assumes you will have sex with them at least three times a week.</p> <p>How does this make you feel?</p>
<p>An unintended pregnancy affects the person who is pregnant more than the person who got them pregnant.</p> <p>Agree or Disagree</p>	<p>A person who is pregnant books their abortion. They are comfortable with the decision, but the person who got them pregnant wants to be a parent. They are willing to be a single parent if necessary.</p> <p>How does this make you feel?</p>

<p>Masturbation is a healthy and common form of sexual expression.</p> <p>Agree or Disagree</p>	<p>You discover that your partner masturbates at least three times a week, sometimes while you are asleep beside them.</p> <p>How do you feel about this?</p>
<p>Handing out condoms or having them in the bathrooms at high schools creates a climate that makes sex for teenagers the norm and makes abstinence a difficult decision.</p> <p>Agree or Disagree</p>	<p>A 16 year old student tells you they had sex but didn't use a condom because they were too embarrassed to buy them or go to Public Health.</p> <p>How do you feel?</p>
<p>Comprehensive sex education should be taught in every grade, in every school.</p> <p>Agree or Disagree</p>	<p>A 14 year old comes to you, worried about being pregnant because they performed oral sex on a partner with a penis.</p> <p>What would you say?</p>
<p>Religious and cultural backgrounds of clients need to be respected.</p> <p>Agree or Disagree</p>	<p>A parent brings their child to a doctor to request a surgical removal of the child's clitoris for religious and cultural reasons.</p> <p>What do you think?</p>

<p>Abortion is an acceptable decision for people when their contraception fails.</p> <p>Agree or Disagree</p>	<p>A couple tries to conceive and after no success, has two children with the help of IVF. Two years later, after financial difficulty and medical incidents, they find they are pregnant again and are planning to have an abortion. They had believed they were infertile, so did not use any contraception.</p> <p>How do you feel about this?</p>
<p>All young people need to know about sex and anatomy (e.g. the names of body parts and how conception occurs).</p> <p>Agree or Disagree</p>	<p>You're at the zoo and your 9 year old sees two monkeys having sex and asks what they are doing.</p> <p>What do you say?</p>
<p>People should use the words they are comfortable with to describe reproductive anatomy – especially when learning.</p> <p>Agree or Disagree</p>	<p>You are educating youth about sex and one of the youth has just used the word "pussy" to describe the vulva/vagina.</p> <p>How do you react?</p>
<p>All health care professionals should provide accurate medical treatment, information or referrals on all medical procedures, regardless of their personal beliefs.</p> <p>Agree or Disagree</p>	<p>You go to a pharmacy to get Plan B (emergency contraception). The pharmacist refuses to give it to you and tells you it is an abortive agent.</p> <p>What do you do?</p>

<p>It is a person's right to say no to sexual activity at any point during sexual contact.</p> <p>Agree or Disagree</p>	<p>A sex worker who has agreed to have sex with a client changes their mind midway. The client is upset because they have already paid, and make the sex worker continue.</p> <p>Is this sexual assault?</p>
<p>Everyone is responsible for their own sexual health.</p> <p>Agree or Disagree</p>	<p>Your spouse has been your only sexual partner and you have been married for 15 years. You find out you are HIV positive.</p> <p>How do you react?</p>
<p>Every person involved should consent to the sexual activity that is taking place.</p> <p>Agree or Disagree</p>	<p>A teenager tells you they would like to stop using birth control because their partner wants to have sex every time they go out. The teen needs a valid reason to say no.</p> <p>How do you respond?</p>
<p>Choosing a method of contraception is a personal and individual decision.</p> <p>Agree or Disagree</p>	<p>A person comes to you to get their 4th abortion. They tell you that they never use birth control and only get pregnant every few years. They are comfortable having abortions when this happens.</p> <p>How do you feel?</p>

<p>Abstinence is an acceptable and healthy choice to make.</p> <p>Agree or Disagree</p>	<p>You have been dating a new partner for a few weeks and you are discussing becoming more sexually involved. Your new partner tells you that they are a virgin and plan not to have sex including oral, until they are married.</p> <p>How do you react?</p>
<p>It is never a good idea to tell anyone about someone else's STI status without their permission.</p> <p>Agree or Disagree</p>	<p>One of your friends is dating your ex-partner that you know gave you genital warts.</p> <p>Should you warn your friend?</p>
<p>Compromising is a good way to handle problems or conflicts with partners.</p> <p>Agree or Disagree</p>	<p>Your partner has been pressuring you to have oral sex. When you tell them that you don't want to, you hear them whisper under their breath "Fine. I know someone else who will." You're afraid of losing the relationship.</p> <p>What do you do?</p>
<p>Everybody should have the right to believe in and practice the religion they choose.</p> <p>Agree or Disagree</p>	<p>A religious leader cites their religious beliefs as the reason for refusing to marry two men in their congregation.</p> <p>What do you think about this?</p>

<p>Sex educators should not impose their own values on the clients they work with.</p> <p>Agree or Disagree</p>	<p>A couple requests genetic testing. They tell you they only want to continue the pregnancy if the fetus is free from genetic abnormalities.</p> <p>How do you feel?</p>
<p>All sexually active people have the right to adequate birth control.</p> <p>Agree or Disagree</p>	<p>A 14 year old asks for more birth control because their parents threw the last pack of birth control pills in the garbage.</p> <p>What do you say?</p>
<p>A health care provider working with people requesting abortions should be aware of their own opinions and biases surrounding abortion.</p> <p>Agree or Disagree</p>	<p>A client comes in for help in booking an abortion. They tell you that they feel like they are killing their baby.</p> <p>What do you say?</p>
<p>Everyone has the right to their own opinion about a pregnancy.</p> <p>Agree or Disagree</p>	<p>A young couple come in to discuss pregnancy options. One partner dominates the conversation, answers for their partner and seems to be making all the decisions.</p> <p>How do you feel?</p>

<p>It is best to have a child when your life is stable.</p> <p>Agree or Disagree</p>	<p>A young person who is living on the streets comes to you pregnant. They have had 2 abortions in the past year and have not been using any contraception. They wish to keep their baby.</p> <p>How do you feel?</p>
<p>Every individual has the right to decide whether or not they want to have children.</p> <p>Agree or Disagree</p>	<p>A single 23 year old asks for information on vasectomies. They have already visited a doctor but the doctor would not perform the procedure due to the age of the client.</p> <p>How do you feel about this?</p>
<p>Pride Parades are a great way for LGBTQ+ people to celebrate, provide mutual support and advocate for a voice in their communities.</p> <p>Agree or Disagree</p>	<p>Should there be Straight or Cis Pride Parades?</p>
<p>It is important for students to be taught what sexual harassment is and what to do if they feel they are being harassed.</p> <p>Agree or Disagree</p>	<p>You are a teacher. A 12th grade male student comes to you and complains that sexual comments have been written about him in the girls' washroom.</p> <p>What would you say to the student?</p>

<p>Committed couples should make decisions about their lives and their futures together.</p> <p>Agree or Disagree</p>	<p>A woman with five children tells you that her husband will not let her use birth control and he will not wear condoms. She does not want more children but continues to have unprotected sex.</p> <p>What would you say?</p>
<p>Responsible adults use contraception if they don't want to get pregnant.</p> <p>Agree or Disagree</p>	<p>A couple comes into your office who have had a vasectomy and a tubal ligation and they are pregnant.</p> <p>What do you think?</p>
<p>Children often go through phases which means their likes, interests and desires may be different day-to-day.</p> <p>Agree or Disagree</p>	<p>A 6 year old child wants people to call them by a different set of pronouns and be able to use a different washroom. Their school believes this is a phase and will not accommodate them.</p> <p>What would you do?</p>
<p>It is irresponsible and selfish to not disclose your STI status to a sexual partner.</p> <p>Agree or Disagree</p>	<p>You are in an abusive relationship and have cheated on your partner. You find out you have an STI and don't want to give it to your partner, but they are forcing you to have sex. You know if you tell them the truth, they will hurt you.</p> <p>What do you do?</p>