

♡♡ GIRLS ♡♡
JUST WANNA
HAVE FUN-
DAMENTAL
HUMAN RIGHTS



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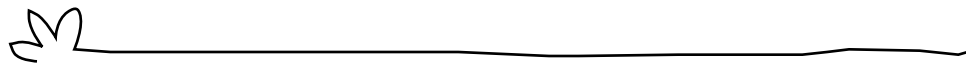
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#SWAG ♀
(Strong Women & Girls)



I, _____,
 hereby grant myself
 permission to love
 my body.

Signature: _____
 Date: _____ Today



if you...

LIKE TO FIX YOUR HAIR & MAKEUP



PREFER YOUR NATURAL LOOK



FEEL GOOD WHEN YOU SHAVE



ARE PROUD OF EVERY HAIR



LIKE TO SHOW A LOT OF SKIN

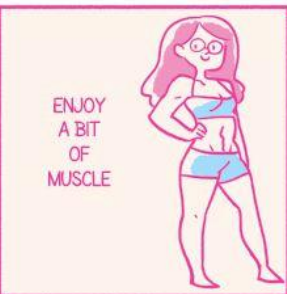


FEEL BETTER FULLY COVERED

PENNYCANDYSTUDIOS.NET



HAVE SOME SQUISHY PARTS



ENJOY A BIT OF MUSCLE



THAT'S RAD
you're Rad!

we only have one body

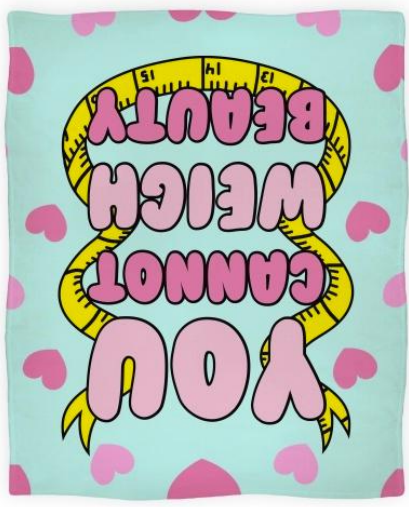


love the one you're in!

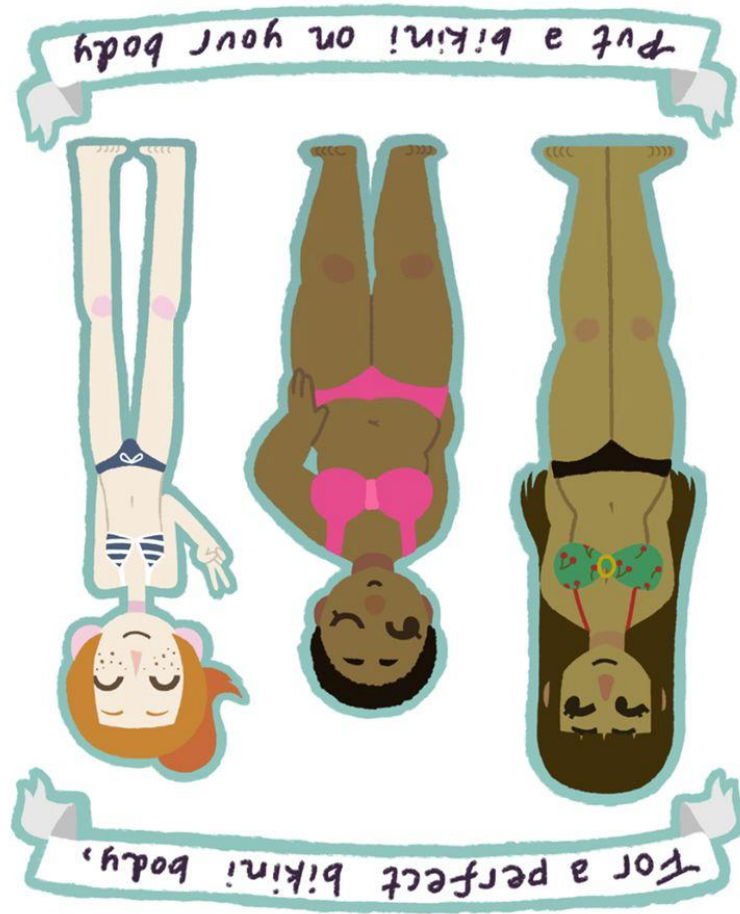


EW

YOUR BODY IS YOUR OWN:
(YOUR HEALTH IS YOUR OWN)
(YOUR SEXUALITY IS YOUR OWN)
(YOUR STYLE IS YOUR OWN)
(YOUR VAGINA IS YOUR OWN)
(YOUR DIET IS YOUR OWN)
(YOUR WOMB IS YOUR OWN)
(YOUR SKIN IS YOUR OWN)
(YOUR WEIGHT IS YOUR OWN)



all bodies are good bodies





(GIRLS)



(CAN)



(CHANGE)

THE

(THE)



(WORLD)



ALL BODY TYPES
ARE BEAUTIFUL



YOU ARE
BEAUTIFUL



BUT THAT IS NOT
ALL YOU ARE.



YOU ARE
KIND



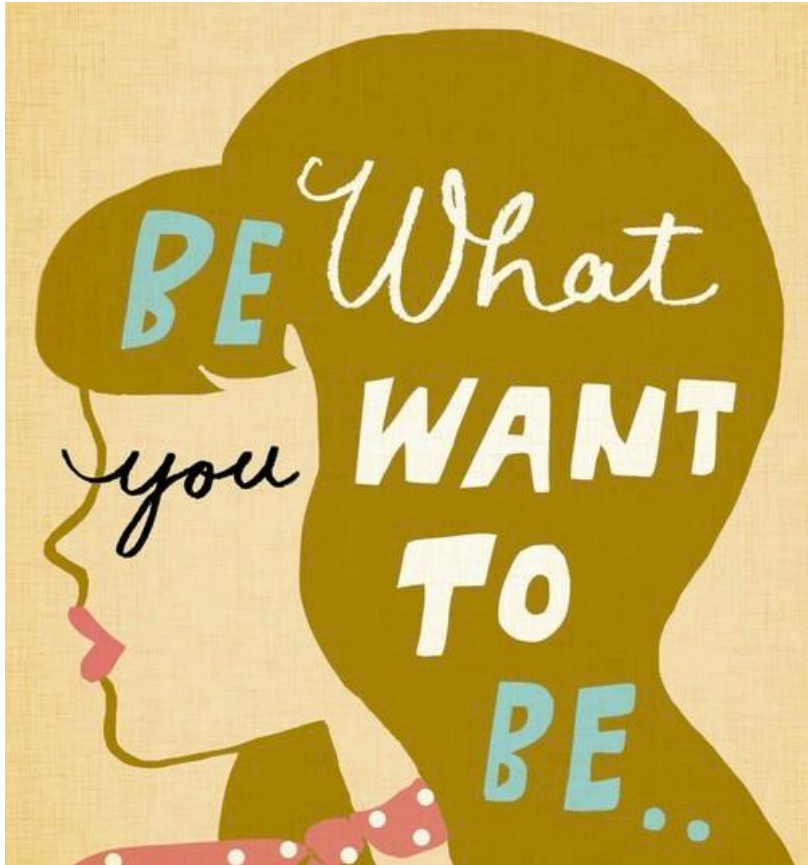
YOU ARE
TALENTED



AND YOU DESERVE
HAPPINESS.



FOR EVERY GIRL WHO IS TIRED OF ACTING WEAK WHEN SHE IS STRONG, THERE IS A BOY TIRED OF APPEARING STRONG WHEN HE FEELS VULNERABLE. FOR EVERY BOY WHO IS BURDENED WITH THE CONSTANT EXPECTATION OF KNOWING EVERYTHING, THERE IS A GIRL TIRED OF PEOPLE NOT TRUSTING HER INTELLIGENCE. FOR EVERY GIRL WHO IS TIRED OF BEING CALLED OVER-SENSITIVE, THERE IS A BOY WHO FEARS TO BE GENTLE, TO WEEP. FOR EVERY BOY FOR WHOM COMPETITION IS THE ONLY WAY TO PROVE HIS MASCULINITY, THERE IS A GIRL WHO IS CALLED UNFEMININE WHEN SHE COMPETES. FOR EVERY GIRL WHO THROWS OUT HER E-Z-BAKE OVEN, THERE IS A BOY WHO WISHES TO FIND ONE. FOR EVERY BOY STRUGGLING NOT TO LET ADVERTISING DICTATE HIS DESIRES, THERE IS A GIRL FACING THE AD INDUSTRY'S ATTACKS ON HER SELF-ESTEEM. FOR EVERY GIRL WHO TAKES A STEP TOWARD HER LIBERATION, THERE IS A BOY WHO FINDS THE WAY TO FREEDOM A LITTLE EASIER.

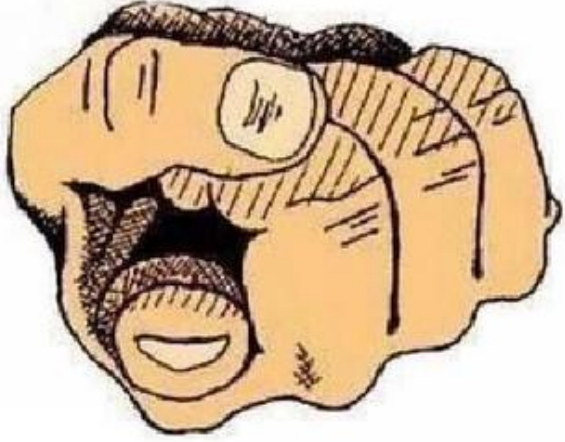


SHE NEEDED A
HERO, SO
THAT'S WHAT
SHE BECAME.

DO SOMETHING
EVERYDAY THAT
BRINGS YOU CLOSER
TO YOUR GOALS



"WHO'S THE MOST
WONDERFUL
AND
PRETTIEST
GIRL TODAY?"



IT'S OKAY IF
TODAY IS DIFFICULT.
KEEP TRYING.
JUST BECAUSE THINGS
ARE HARD DOESN'T
MEAN YOU'RE WEAK
OR YOU FAILED.
YOU'RE STRONG, AND
I BELIEVE IN YOU.

