GIRLS JUST WANNA HAVE FUNDAMENTAL HUMAN RIGHTS

#SWAG (Strong Women & Girls)
Date: Today
Signature: [Signature]

I, [Your name here], hereby grant myself permission to love my body.

Beauty
in every shape and size
If you...

Like to fix your hair & makeup
Prefer your natural look
Feel good when you shave
Are proud of every hair
Like to show a lot of skin
Feel better fully covered
Have some squishy parts
Enjoy a bit of muscle

That's RAD you're RAD!

We only have one body
Love the one you're in!

Eliminate girl hate
Your weight is your own
Your skin is your own
Your womb is your own
Your diet is your own
Your vagina is your own
Your style is your own
Your sexuality is your own
Your health is your own
Your body is your own:

All bodies are good bodies.
(GIRLS) (CAN) (CHANGE) (THE) (WORLD)

ALL BODY TYPES ARE BEAUTIFUL.
YOU ARE BEAUTIFUL.
BUT THAT IS NOT ALL YOU ARE.
YOU ARE KIND.
YOU ARE TALENTED.
AND YOU DESERVE HAPPINESS.
Finds the way to freedom a little easier.
For every girl who takes a step on her self-esteem.
For every boy who wishes to find one.
For every boy who fears to be gentle, to weep.
For every girl who is tired of people not trusting her.
For every boy who is tired of being called over-sensitive.
For every boy who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
For every girl who is tired of being called unemotional.
For every boy who is tired of being called over-sensitive.
BE WHAT YOU WANT TO BE

SHE NEEDED A HERO, SO THAT'S WHAT SHE BECAME.

DO SOMETHING EVERYDAY THAT BRINGS YOU CLOSER TO YOUR GOALS

Every BODY is beautiful.
Girl Today

Prettiest

And

Wonderful

Who's The Most

I believe in you.
You're strong, and
or you failed.
I mean you're weak
are hard doesn't
just because things
keep trying.
Today is difficult.
It's okay if