Road to Romance Instructions

This game works best with groups in grades 5 – 8 and 3 – 7 participants.

Give the group the behaviour cards and ask them to put them in order starting with the activity they think should come first in an intimate relationship. It is ok if they do not wish to include all the cards.

Once they have completed this give them the Stop, Caution, Yield cards and ask them to place these cards where they would like to stop, caution and yield themselves.

Flip over each relationship card for the group and ask them where they think they should stop, caution and yield in each relationship. Flip over each blue card for the group and ask them how they think each item could/would affect sexual activity.

When going through each set of cards continue to ask questions about why the participants think a card goes in a certain place and discuss why people may put cards in a different order or place.

**Behaviour Cards**

- Attraction
- Eye Contact
- Fantasy
- Massage
- Messaging
- Arousal
- Talking Dirty
- Flirting
- Dirty Dancing
- Masturbation
- Sexual Arousal
- Open Mouth Kissing
- Closed Mouth Kissing
- Holding Hands
- Hugging
- Cuddling
- Touching Breasts
- Touching Genitals over clothes
- Touching Genitals under clothes
- Oral Sex on a Vulva
- Oral Sex on a Penis
- Vaginal Intercourse
- Anal Intercourse
Blue Cards

- Condoms
- Birth Control
- Sexually Transmitted Infections
- Abstinence
- Communication
- Friends
- Family
- Alcohol
- Drugs
- Peer Pressure

Relationship Cards

- Married
- Common-Law
- Friends
- Friends with Benefits
- Casually Dating
- Long-Term Serious Relationship
- Living Together

STOP

CAUTION (proceed with caution)

YIELD (slow down)
ROAD TO ROMANCE
ATTRACTION
EYE CONTACT
FANTASY
MASSAGE
MESSAGING
AROUSAL
ANAL INTERCOURSE
TALKING DIRTY
FLIRTING
ORAL SEX ON A VULVA
VAGINAL INTERCOURSE
ORAL SEX ON A PENIS
TOUCHING GENITALS UNDER CLOTHES
TOUCHING GENITALS OVER CLOTHES
DIRTY DANCING
MASTURBATION
SEXUAL AROUSAL
OPEN MOUTH KISSING
CLOSED MOUTH KISSING
HOLDING HANDS
HUGGING
CUDDLING
TOUCHING BREASTS
DRUGS
ALCOHOL
FAMILY
FRIENDS
COMMUNICATION
ABSTINENCE
SEXUALLY TRANSMITTED INFECTIONS
BIRTH

CONTROL
CONDOMS
PEER PRESSURE
STOP
YIELD
CAUTION
MARRIED
FRIENDS
CAUSALLY DATING
SERIOUSLY
DATING
LONG-TERM COMMITTED RELATIONSHIP
LIVING TOGETHER
“FRIENDS WITH BENEFITS”