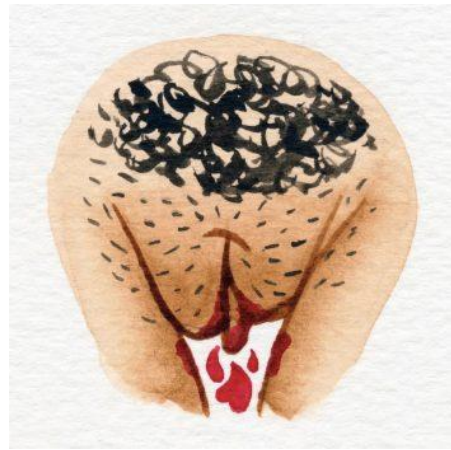
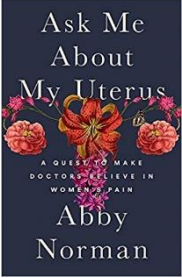
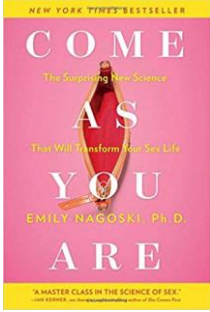
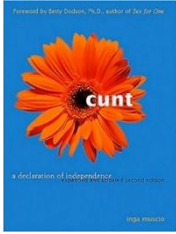
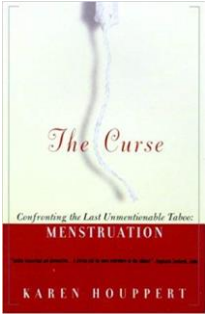
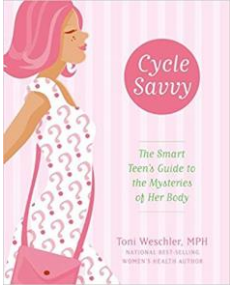
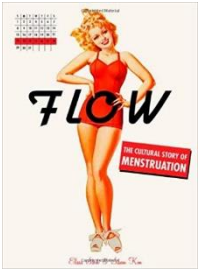


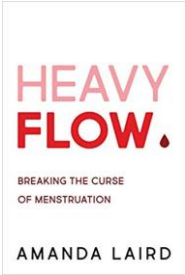



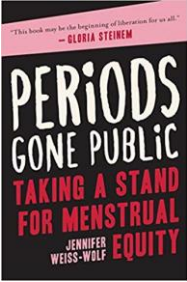
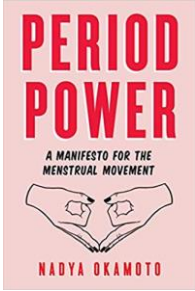
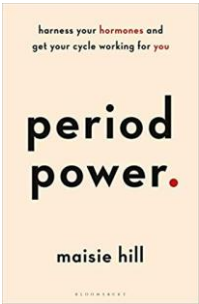
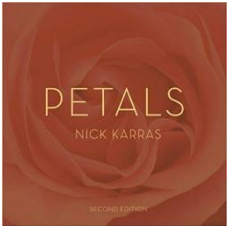
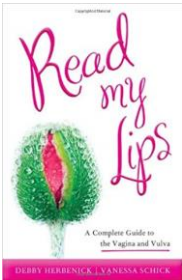
# Books about **Vulvas**, **Vaginas** & **Menstruation**.

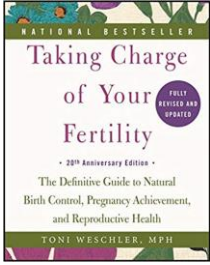
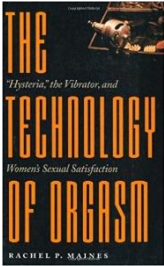
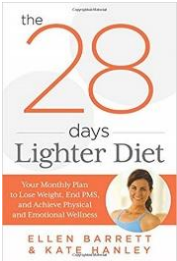
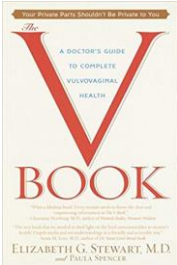
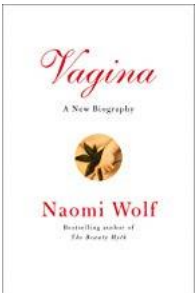


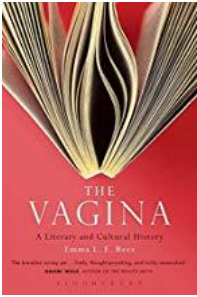
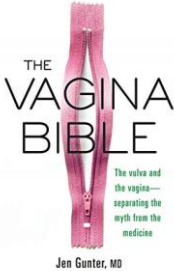
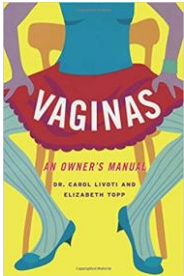
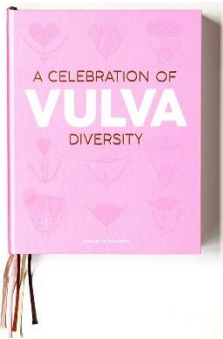
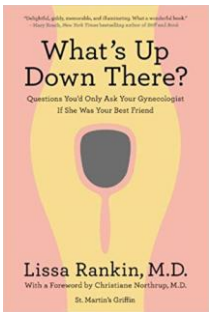
Photos by: The Vulva Gallery

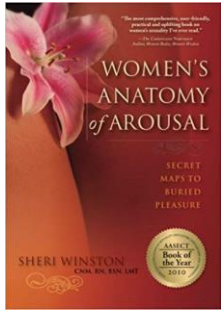
	<p><b>Ask Me About My Uterus: A Quest to Make Doctors Believe in Women's Pain</b>  2018  Abby Norman</p>
	<p><b>Come As You Are: The Surprising New Science that will Transform Your Sex Life</b>  2015  Emily Nagoski PhD</p>
	<p><b>Cunt: A Declaration of Independence</b>  2002  Inga Muscio</p>
	<p><b>The Curse: Confronting the Last Unmentionable Taboo</b>  2000  Karen Houppert</p>
	<p><b>Cycle Savvy: The Smart Teens Guide to the Mysteries of Her Body</b>  2006  Toni Weschler  (written for teens but most adults could learn much from this book)</p>

	<p><b>FLOW: The Cultural History of Menstruation</b> 2006 Elissa Stein &amp; Susan Kim</p>
	<p><b>The Fifth Vital Sign: Master your Cycles and Optimize your Fertility</b> 2019 Lisa Hendrickson-Jack</p>
	<p><b>GUSH: Menstruation Manifestos for our Times</b> 2018 Edited by Rosanna Deerchild, Ariel Gordon and Tanis MacDonald</p>
	<p><b>Heavy Flow: Breaking the Curse of Menstruation</b> 2019 Amanda Laird</p>
	<p><b>I'll Show You Mine</b> 2011 Wrenna Robertson A book of Vulva Photography</p>

	<p><b>Periods Gone Public: Taking a Stand for Menstrual Equity</b> 2017 Jennifer Weiss-Wolf</p>
	<p><b>Period Power: A Manifesto for the Menstrual Movement</b> 2018 Nadya Okamoto</p>
	<p><b>Period Power. Harness Your Hormones and Get Your Cycle Working for You</b> 2019 Maisie Hill</p>
	<p><b>Petals</b> 2012 Nick Karras A book of Vulva Photography</p>
	<p><b>Read My Lips: A complete Guide to the Vulva and Vagina</b> 2011 Debby Herbenick &amp; Vanessa Schick</p>

	<p><b>Taking Charge of Your Fertility: The Definitive guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health</b></p> <p>2015</p> <p>Toni Weschler</p>
	<p><b>The Technology of Orgasm: "Hysteria," the Vibrator, and Women's Sexual Satisfaction</b></p> <p>2001</p> <p>Dr. Rachel P. Maines</p>
	<p><b>The 28 Days Lighter Diet: Your Monthly Plan to Lose Weight, End PMS, and Achieve Physical and Emotional Wellness</b></p> <p>2014</p> <p>Ellen Barrett and Kate Hanley</p> <p><b>**Please note we do not agree with this title or cover, however, the book has some good information.</b></p>
	<p><b>The V Book: A Doctor's Guide to Complete Vulvovaginal Health</b></p> <p>2002</p> <p>Elizabeth G. Stewart MD &amp; Paula Spencer</p>
	<p><b>Vagina: A New Biography</b></p> <p>2012</p> <p>Naomi Wolf</p>

	<p><b>The Vagina: A Literary and Cultural history</b> 2013 Emma L. E. Rees</p>
	<p><b>The Vagina Bible: The Vulva and the Vagina – Separating the Myth from the Medicine</b> 2019 Dr. Jen Gunter</p>
	<p><b>Vaginas: An Owner's Manual</b> 2004 Carol Livoti and Elizabeth Topp</p>
	<p><b>A Celebration of Vulva Diversity</b> 2019 Hilde Atalanta A book of Vulva artwork and stories</p>
	<p><b>What's Up Down There? Questions You'd only ask Your Gynecologist if She was Your Best Friend</b> 2010 Lissa Rankin MD</p>



**Women's Anatomy of Arousal: Secret Maps to Buried Pleasure**  
2010  
Sheri Winston



**The Wonder Down Under: The Insider's Guide to the Anatomy, Biology, and Reality of the Vagina**  
2017  
Ellen Stokken Dahl & Nina Brochmann MD



For more information about **Vulvas, Vaginas** and **Menstruation** contact:

Stacey Jacobs, MSc  
Sexual Health Education Manager

## SHORE Centre

Sexual Health Options, Resources & Education

235 King Street East, Suite 130  
Kitchener, ON N2G 4N5

Email: [education@shorecentre.ca](mailto:education@shorecentre.ca)

Website: [shorecentre.ca](http://shorecentre.ca)

Phone: 519 743 9360



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