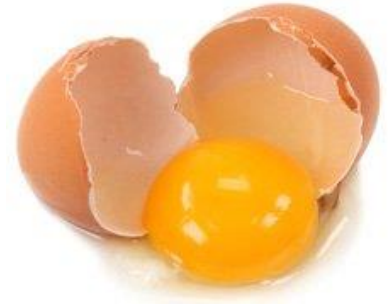


GET CRACKIN'

An activity to help teach the differences and similarities between people.

Could be used with the grade 3 Human Development and Sexual Health portion of the Ontario Health and Physical Education curriculum.



You will need:

- 4-10 eggs (raw or hardboiled)

Before conducting the activity collect eggs of multiple colours and/or sizes OR dye white eggs various colours OR decorate white eggs in different patterns/pictures. Alternatively you could have the students decorate the eggs as long as they were ok cracking them afterwards.

Activity:

First, ask the students to describe the various eggs. Ask about their differences and their similarities. Ask what they think is inside the egg. Second, crack the eggs if they are raw into a bowl or peel the eggs and cut them if they are cooked. Ask the students to describe the differences and similarities. Third, make the connection to people. We all have differences and similarities, and we are more similar on the inside than different.